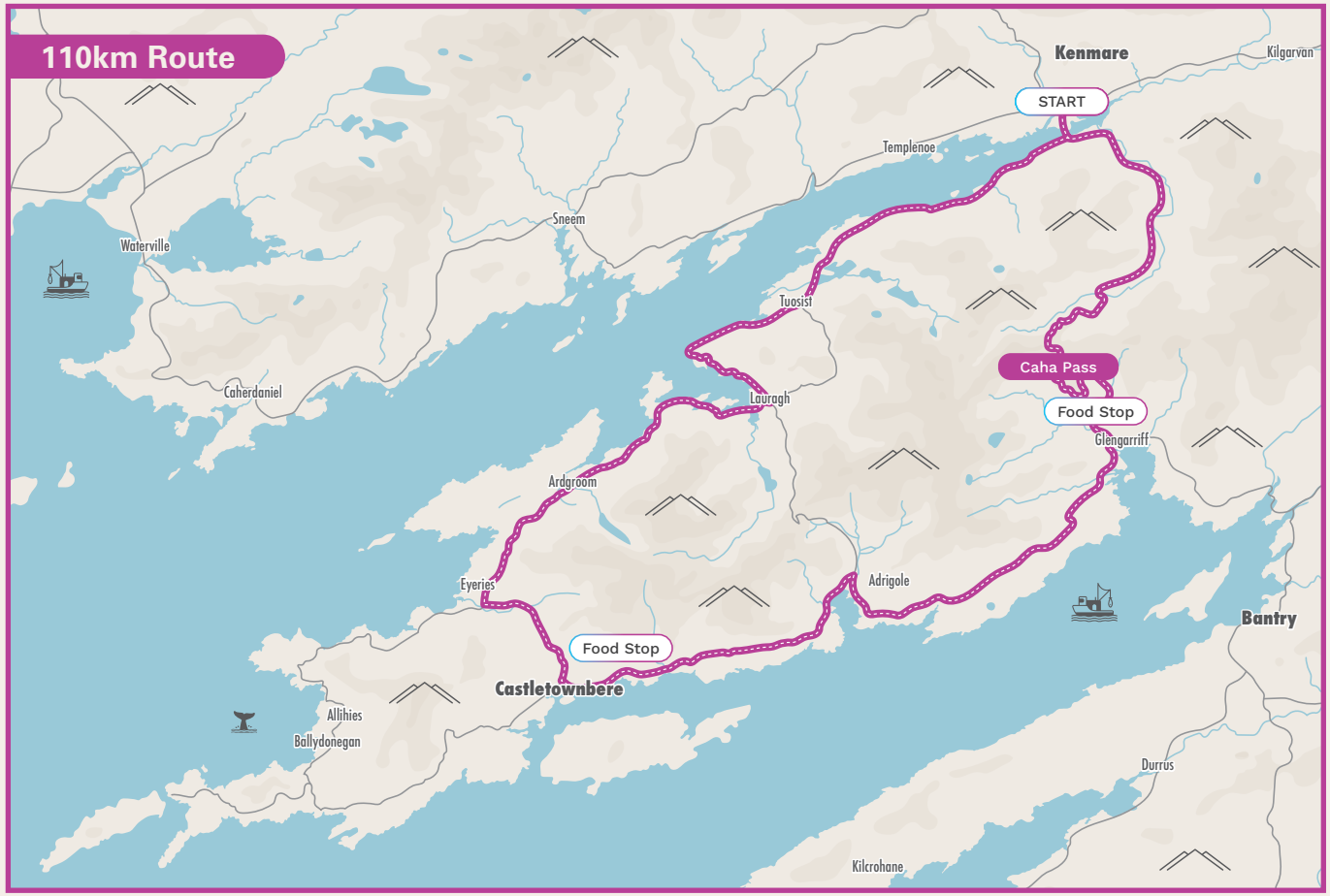
Route Information

Ring Of Beara

23rd May 2026



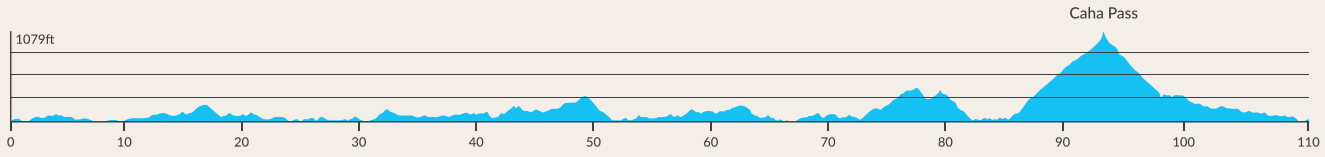
Event Start Time: 08.00
Event Services Finish: 18.00

Start Location:
Henry Street, Kenmare

Route Details:
Total Distance: 110km
Total Elevation: 1,473m

Main Climbs:
Caha Pass

Emergency Contact Number:
087 122 1234



elite event management

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Registration

Pre Registration

- You must sign up and register for this event online in advance of the event day
- Please bring your confirmation e-ticket with you to registration
- You will not be permitted to take part in the event if you are not fully registered

Registration

Location: Kenmare Town Centre

Friday 22nd May: 15.00 - 21.00
Saturday 23rd May: 06.00 - 08.00

Registration Pack

Included in your registration pack:
- Detailed Route Map
- Bike Plate
- Cyclist Wristband
- Mechanical Breakdown Number

Safety Information

Please note the following:

- Medical services will operate between 08:00 and 18:00
- Please obey the rules of the road at all times
- The road is not closed. Vehicle traffic will be on the road throughout the day
- Please observe warning signs and listen to event stewards
- Participants undertake The Ring Of Beara at their own risk
- Please be vigilant of fellow cyclists – remember not everyone may be as experienced as you
- There are fast downhill sections and dangerous bends, please pay attention to signs, flags and whistles

Essentials

- Your bike must be road worthy and in good working order
- Helmet – no helmet, no cycle
- Basic tools; inner tubes pump, drink bottle, front and back lights
- Respect: Please respect other road users & fellow cyclists
- Mobile phone and emergency phone number
- Windproof top
- Bike plate and event wristband to gain access to food stops
- For photography purposes, your bike plate must be placed on the front of your bike

Location (km)	Bike Racking	Toilet	Water Refill	Fruit	Snacks	Tea & Coffee	Sandwiches	Service Times
Castletownbere (51km)	✓	✓	✓	✓	✓	✓	✓	09.30 - 15.00
Glengarriff (84km)	✓	✓	✓	✓	✓	✓	✓	11.00 - 16.30
Finish Line (110km)	✓	✓	✓	–	–	–	–	09.00 - 17.00